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At Capitol Region I didn't get very good medical care.

They used to let me eat whatever I wanted.

They took me out to eat several times a week. They left me alone in a restaurant a few times.

I got out to exercise only to go across the street.

I weighed in at 325 lbs. I got put in the hospital for edema and congestive heart failure (minor).

I was supposed to go back to Capitol Region when I got out of the hospital.

When I came out of the hospital I was moved to another house, my stuff wasn't moved with me. By the time I tried to get my things back most of my stuff was gone. Mom & I tried to get my bed back but someone was sleeping on it.

While at my group home I was treated very poorly. Staff did not care what I did throughout my day like take a shower, bath, eating etc... (Poor hygiene). The staff let me get away with not bathing or shaving for days on end.

They let me steal my roommates' food and/or stuff w/out caring.

After 2 weeks Capitol Region put me in a nursing home. Most of the time I stayed inside of the room & listened to music, watched TV, eat and slept and played cards with my mom.

There were to many temptations like food, drinks etc around that I was able to take.

I felt bad about being there.

I was kept in the nursing home for 7 ½ years from October 2001 to April 23rd, 2008.

My lawyer Sandy from Connecticut Legal Services got me out of Park Place (the nursing home).

It took Sandy years to get me out.

Now my life is great. I have staff that care about me, I go to school, I do things in the community and I'm learning how to control my diet on my own!!

I have a girlfriend.

I've lost 75lbs in 10 months, and I am no longer on Insulin anymore Thank God.

I'm very happy with my life.

There are thousands or more out there like me who need help. They need support and someone to fight for them.

If people like Sandy from Connecticut Legal Services weren't around to help these people they wouldn't get a second chance, they'd be stuck in nursing homes.

Kevin Price